



SACRED HEART
EXCHANGE
PROGRAM

Make yourself at STUARTHOLME



STUARTHOLME SCHOOL

International School of the Sacred Heart

STUARTHOLME SCHOOL IS PART OF AN INTERNATIONAL NETWORK OF SACRED HEART SCHOOLS ACROSS 44 COUNTRIES.

Each school is connected by the vision of the Society's foundress Saint Madeleine Sophie Barat. Stuartholme provides reciprocal exchange opportunities with approximately 25 Sacred Heart Schools worldwide through our Student Exchange Program.

Together, with our international Sacred Heart network, we promote the formation of global citizens with hope and joy. At Stuartholme, our experience demonstrates that participation in the student exchange program is a rewarding and life-changing opportunity.

Sacred Heart Exchange Program

Stuartholme students embark on a three-week journey to their host Sacred Heart school where they enjoy academic programs, and embrace school and community life in an international school. This is then reciprocated as they host their international exchange sisters for three weeks allowing them to participate in the life and community of Stuartholme.

Available to students in Years 9–11, the exchange program allows Stuartholme students to develop an appreciation of cultural diversity, maturity and independence and encourages them to gain an international perspective.

There are two Student Exchange Program opportunities available at Stuartholme:

1. ANZNet EXCHANGES

Stuartholme School is one of four Sacred Heart Schools which form the Australian and New Zealand Network of Sacred Heart Schools (ANZNet).

- Kincoppal Rose Bay – Sydney
- Sacré Coeur – Melbourne
- Baradene College – Auckland

The four schools share a close relationship and participate in regular exchanges throughout the year.



2. INTERNATIONAL SACRED HEART EXCHANGES

Stuartholme is part of a large global network of International Sacred Heart Schools that actively participate in reciprocal exchange programs.

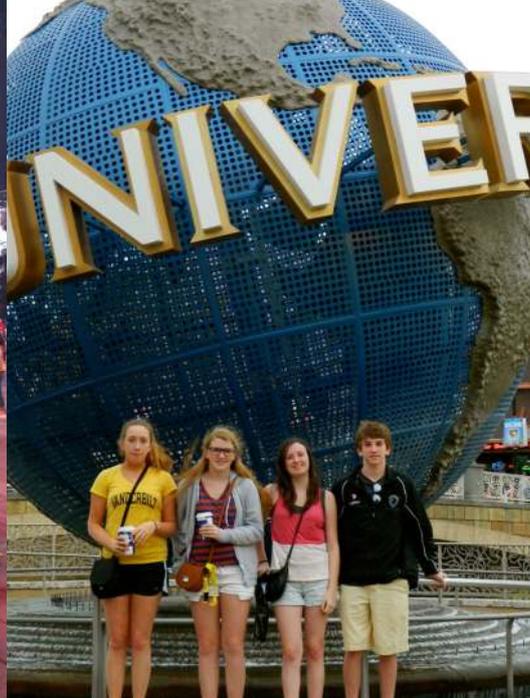
This list below includes exchanges potentially available or where a student has participated in the past. Whilst every effort is made to organise an exchange with a listed school, not every school will have an exchange position available. Student exchange positions are very much dependent on the offerings available at the school which does vary from year to year.

- Austria – Vienna
- Canada – Halifax, Montreal
- France – Lille, Nantes
- Germany – Hamburg
- Ireland – Dublin
- Italy – Rome
- Japan – Osaka, Tokyo
- Mexico – Mexico City, Monterrey
- Spain – Barcelona, Madrid
- Taiwan – Taipei
- USA – Atherton, Boston, Bryn Mawr, Grand Coteau, Greenwich, Lake Forest, Miami, New Orleans, New York City, Omaha, Princeton, San Francisco, Seattle, St Louis, Washington DC



I went into the exchange with the expectation and the promise of an experience, adventure and a connection. Not only did the exchange exceed all these, but rather pushed beyond what I, and the other girls hoped. We experienced a whole new way of life where we were opened to opportunities to meet and learn from new people every day. Making life-lasting friendships and deep connections with not only others but ourselves. Giving us confidence, grit, perseverance, and assurance in the fact that we were capable of such a life-changing experience - as well as a whole new vocabulary to take home of course.

CHIARA DEVETAK, YEAR 12



BENEFITS OF THE EXCHANGE PROGRAM

Living in a different culture is a rewarding experience that participating students will appreciate, as they aspire to develop their identity and responsibility as global citizens. Students will have the chance to see another state or country and its culture through the eyes of locals, whilst living with a carefully selected host family and attending another Sacred Heart school.

Furthermore, the exchange program presents an ideal circumstance for our students to explore the Sacred Heart goals and assist them in building community among Sacred Heart schools worldwide.

Stuartholme is in a unique position to educate our students to become agents of change, and going on exchange will broaden their horizons that could open long lasting opportunities and unforgettable memories.

DURATION

The exchanges are for approximately three to four weeks and scheduled during school holidays (usually). From time to time students may have an opportunity to participate in an exchange outside of this time.

COSTS

The host school will cover the cost of attending the school (tuition expenses) and will be responsible for providing a suitable host family (accommodation, food and transport).

Students and their families are responsible for:

- Paying for transportation (airfares, visas, travel and health insurance) to and from the exchange school location
- Any spending money or pocket money for incidentals and gifts whilst visiting the host family.

It is recommended that any questions relating to financial costs be worked out with the host family ahead of time.

MORE INFORMATION AND DETAILS

For more information about the Student Exchange Program please see **Ms Keka** via email hkeka@stuarthome.com



JACQUELINE VERSACE, YEAR 11

Having the opportunity to experience a different culture and life in America still within the Sacred Heart community was a once in a life time experience. During my time in America I developed lifelong bonds and skills that I will use throughout all my life. It truly was an incredible experience that I feel everyone should have.



MORE INFORMATION AND DETAILS

For more information about the Student Exchange Program please see Ms Keka via email hkeka@stuartholme.com

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