

# Cor Unum Summer 2020



"Cor unum et anima una in corde Jesu" One heart and one mind in the heart of Jesus



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#### **Disclaimer**

The Cor Unum publication highlights the stories of our current and past students Material in this Publication is gathered from a range of sources and does not necessarily reflect the policies and opinions of Stuartholme School.



# MESSAGE FROM The Principal

#### Principal's Address, Graduation 2020

#### Are you finished or are you seriously begun?

What does a Stuartholme or a Sacred Heart education build in you to ensure your journey has integrity and strength?

In a quote from Janet Erskine Stuart she said, "We bring up the children for the future, not for the present. Our Sacred Heart education is not meant to turn the children out small and finished but seriously begun on a wide basis. Therefore, our students must leave us with some self-knowledge, some purpose and some energy. If our students leave us without these three things, they will drift in the stream of life."

Stuartholme has provided you with so much, I cannot name or list all that we hope to have given you, but we hope to have empowered you through:

- Our school motto: Cor Unum one heart,
- Our school slogan: To be the best you can be,
- Our Focus Goal Community Building theme Growing as one body, Beating with one heart
- Our Cor Unum Committee theme for 2020: Make Sophie Proud

Each of our readings and reflections in our Mass today – articulate what we believe are foundational to your successful future.

In St Paul's letter to the Colossians he calls them to clothe yourself in *compassion*, clothe yourself in *love*, teach one another in all *wisdom*.

All we aspire for you are our Sacred Heart Goals. When you reflect on these, I invite you to consider their meaning.

#### Personal and Active faith in God

- Do you have an internal compass your understanding of what is right and wrong?
- What is your bottom line?
- Do you know your core values
- What is your deepest sense of self or spirit that will last?
- Does compassion, love and wisdom rate?

#### Deep respect for intellectual values

- A Deep Respect for Intellectual values is not referring to academic success
- Our Gospel reading this evening from Matthew 5 letting your light shine
- What do you offer the world?
- What is your character strength?

#### **Community Building**

- The most important Christian value is love, expressed through compassion
- The most important intelligence is emotional intelligence
- The most important workplace requirement is interpersonal skills

- How do you empower others?
- Love and compassion are not the norm of everyday
- The words "love and compassion" are not the language of everyday
- You will need to be counter cultural: stand up and against those who tear down and belittle others, defuse drama, do not add to it, be positive not negative
- Be women who empower others

#### Social Awareness that impels to Action

Social Justice starts with you in your everyday relationships

- To raise social awareness and to fundraise and to advocate this is all admirable
- However, are you kind, fair and just every day?
- Are you the change you want to see in the world?
- Be passionate, make a difference and serve others through compassion, love and wisdom

#### Personal growth in an atmosphere of wise freedom

This goal resonates with me – my school motto was Seek Wisdom. This has deeply formed me through all challenges – how do I grow in wisdom? Your personal growth has seriously begun.

Our Communion reflection capture this value beautifully:

- You are faced with courageous challenges at every step of the way
- You are on a path, exactly where you are meant to be right now...
- And from here you can only go forward
- Shaping your life story into a magnificent tale
- Founded on love, compassion & wisdom.

Your Sacred Heart education is a way of life which calls you to change and grow in wisdom, age and grace. Wherever you go, whatever road you may travel, you will always be at home in the Sacred Heart.

So, our Graduates of 2020:

Are you finished or are you seriously begun?

We hope you leave Stuartholme with some self-knowledge and self-belief, some purpose and compassion and some energy to embrace your wise freedom.

I simply believe:

You can take the girl out of Stuartholme, but you cannot take Stuartholme out of the girl.

Go forth with love, compassion and wise freedom – in the Spirit of Cor Unum.

#### Kristen Sharpe

Principal



## Neuroplasticity and success

At Stuartholme, our driving belief that we empower every student to be 'the best she can be' is not only grounded in a Sacred Heart philosophy but backed by science and practise.

Staff routinely engage in professional development opportunities to consider how the ground-breaking work of Dr Carol Dweck and her peers regarding growth mindset can have a positive impact on learners. Explicitly teaching students about the ways their brains change over time, due to their developmental phase, their learning experiences and, crucially, the way they think about their thinking (metacognition), reinforces the idea that improvement comes through study and practice, not just 'raw ability'. This is the underlying theory of brain plasticity; the brain never stops changing and adjusting and making connections. Studies have shown that guiding students in not just what they learn but how they learn boosts self-awareness, increases mastery, improves resilience and self-motivation, and ultimately leads to stronger academic outcomes (Schraw, 2002; Chatzipanteli et al., 2013; Chen et al., 2017). Developing a culture of safety and encouraging students to try even though there is the potential for the result to be disappointing, is key. All experiences can be used as an opportunity for learning - not just about subject matter, but about self.

At Stuartholme, we have been incredibly lucky to be the only school in Queensland which is engaging with the Harvard University School of Education's Project Zero. This program, led by Ron Ritchhart, promotes engagement, understanding and independence for learners through Visible Thinking routines. Teachers have been on a learning journey of their own over the past three years, developing skills and knowledge that is developing their pedagogy in order to better develop student thinking. It has been a highly effective way for us to integrate the 21st century skills of critical and creative thinking, collaboration and teamwork, communication, and personal and social skills, all of which underpin Queensland syllabus documents.

We do not only see the benefit of the study of neuroplasticity and visible thinking in students' academic performance, but also in their personal wellbeing. Stuartholme does not see wellbeing as

being a 'bolt-on' activity to our academic program; it is 'built-in' to our daily lives in all we do. When a student feels valued, safe and appropriately challenged, her effort and engagement remains high. Students with high wellbeing gain higher grades and report lower rates of absence (Suldo, Thalji & Ferron 2011, ACU 2008); have higher levels of self-control and lower incidents of procrastination (Howell 2009); and are more creative and open-minded in their thinking (Fredrickson & Branigan 2005).

At Stuartholme, we have been incredibly lucky to be the only school in Queensland which is engaging with the Harvard University School of Education's Project Zero.

One of the Sacred Heart's Wisdom Women, Mother Janet Erskine Stuart, said, "Our education is not meant to turn the children out small and finished, but seriously begun on a wide basis. Therefore, they must leave us with some self-knowledge, some energy, some purpose... If they leave us without these three things they drift with the stream of life." As we continue Mother Stuart's legacy, the Academic and Wellbeing teams' mission is to ensure that all our students are seriously begun. With the strength of cutting-edge research guiding our practise, we model our expectations by working towards increasing our own mastery, trying new ways of doing and challenging ourselves to strive for improvement in order to deliver an innovative and highly effective learning environment.

#### Shannon Lacey

Director of Studies

### Wellbeing that awakens her voice

At the heart of Stuartholme are the students who are challenged in a supportive and affirming environment to reach their potential in all areas of development – spiritual, intellectual, social, emotional, and physical.



Students are encouraged to contribute to the life of the school to help create this rich community. Central to achieving this is open, positive relationships based on respect and trust, that is, relationships between all who form this community called 'Stuartholme' – the girls, staff, families and the wider community.

While all members of staff are part of the Wellbeing team at Stuartholme, the Teacher Mentors, Leaders of Student Wellbeing, the School Psychologists, Boarding staff and the Dean of Student Wellbeing play specific and targeted roles in caring for and empowering the girls to discover their point of balance where their wellbeing is maximised.

"We all strive to create a community in which every activity and interaction enhances the wellbeing of all. Together we strive to celebrate successes, support one another in times of need and so create a community that lives out the spirit of Cor Unum – One Heart," explained Dean of Student Wellbeing, Deb Lonsdale-Walker.

"When we think of wellbeing, some of us call to mind an image of feeling happy all of the time. But in fact, research clearly shows that this is not the case.

"To the contrary, wellbeing is well-documented by the experts as quite the opposite. Wellbeing is accepting challenges, taking responsibility, being resilient, showing perseverance."

Whilst some schools still ascribe to a theory and model that a focus on wellbeing takes time and resources away from critical academic pursuits, the evidence now clearly shows the opposite.

Rather, data suggests that students who thrive and flourish also demonstrate stronger academic performance (McKenna, 2019, Norrish, Robinson & Williams 2013).

The evidence shows students with high wellbeing:

- gain higher grades and lower rates of absence (Suldo, Thalji & Ferron 2011, ACU 2008);
- have higher self-control and lower procrastination (Howell 2009); and
- are more creative and open-minded in their thinking (Fredrickson & Branigan 2005).

The School's *Wise Wellness Program* operates once a week in Years 7 to 10, two lessons a week in Year 11 and two lessons a fortnight in Year 12.

Wise Wellness lessons are based on firm evidence from research which clearly links wellbeing with academic success.

The program is a proactive team approach underpinned by our model which aims to build students' resilience and maximise their success. It includes the partnership with parents and is centred on the Five Sacred Heart Goals.

Consistent with research the program covers self-awareness, self-management, social awareness, relationship skills and responsible decision making. The program includes:

- coping with adversity; handling challenging situations constructively
- giving strategies to build and maintain strong mental health
- developing healthy, positive relationships; being aware of bullying and having the capacity to stand up against it
- recognising and regulating emotions
- developing empathy for and understanding for others
- making responsible, informed decisions
- · working effectively in teams
- becoming academically resilient and tenacious
- understanding their core strengths and their ability to develop new strengths
- developing a sense of connectedness to the school and broader community
- developing independence and leadership.

"In the formation of young woman at Stuartholme, we proudly advocate a focus on educating the whole girl. We encourage academic success, but never at the detriment of a students' wellbeing," said Deb.

Towards this end Stuartholme continues to:

- set the bar high in terms of expectations
- challenge the students to deliver their best performance across a range of areas
- care deeply but remain firm, developing strategies for achievement beyond school.

"We encourage every Stuartholme girl to pursue the key attributes required to awaken her voice for the future, to live out the Sacred Heart Educational Goals in the spirit of Cor Unum – challenge, compassion, connection and courage."





### Each year, The Educator puts together a 'hot list' of the most influential educators over the past 12 months. This year Stuartholme was thrilled to have two staff make the list.

The prestigious list recognises professionals who represent the cutting edge of educational excellence in Australia.

In his role of Director of eLearning, Andrew was instrumental in creating the platform for STU@HOME, the online learning model the school used during the period of remote learning.

"Stuartholme was already very well positioned for online learning. The school started using OneNote in 2018 as a way to provide feedback to students in a far more timely manner than is possible with the paper-based method," Andrew explained.

In the final weeks of Term 1 it was evident that schools would be moving to online learning as the COVID-19 restrictions became tighter.

"I had a very clear brief from the School's Leadership Team, to create all the teaching and learning opportunities available to students, but online, which we called STU@HOME."

From this platform, teachers could push their classroom content through OneNote which students could follow at their own pace.

"The idea for STU@HOME was for students to follow their daily timetable. There was a function for collaboration where students could ask questions and seek support."

Support was also provided with a weekly Zoom session – connect, clarify and confirm in every subject, plus a weekly check-in with the students' Teacher Mentor Group.

Stuartholme's Social Justice Coordinator, Claire Lawler, was also well into planning for another outstanding year of Social Justice opportunities when COVID-19 restrictions were imposed.

"In 2019, we started a General Chapter for Social Justice at Stuartholme. The purpose of the General Chapter was to discuss what issues were important to the students. "Social Justice issues can seem overwhelming to young adults. The General Chapter allowed us to break down the bigger picture and make the solution accessible to students."

As part of this work, Claire has been able to help students find avenues and opportunities to contribute and benefit people in need, from refugees to members in our community with 'diffabilities'.

I had a very clear brief from the School's Leadership Team, to create all the teaching and learning opportunities available to students, but online, which we called STU@HOME.

As schools entered the period of remote learning, Claire found ways for Stuartholme students to continue their Social Justice work by offering Auslan classes.

"Auslan is the language developed by and for the deaf and hearing impaired community in Australia," Claire said.

"It was the perfect choice for remote learning as all the classes could be done online.

"I was so proud of the number of girls who took up the opportunity, not only have they learned a new language, and demonstrate true inclusive communities in practice, which sums up what Social Justice means at Stuartholme."

Congratulations to Andrew and Claire on this outstanding recognition of their work.



#### INNOVATIVE SCHOOL AWARD

Transforming classrooms into places that develop thinking and understanding instead of merely completing work is one of the factors that saw Stuartholme School named one of Australia's most innovative schools at the recent Australian Education Awards.

Deputy Principal Daniel Crump said Stuartholme's Staff Learning and Development program is key to providing cutting-edge educational approaches not seen in many schools.

"A guiding pillar of Stuartholme's Staff Learning and Development Program is the distinct focus on fostering and maintaining partnerships between staff, students, parents, and the broader educational community."

"Our bespoke Staff Learning and Development Program, builds on this through partnership with Project Zero - Harvard Graduate School of Education, an innovative program, upskilling our staff in ground-breaking work which places at its core, students becoming critical thinkers and lifelong learners."

The program boasts strong links to individual professional learning and school-wide learning priorities. Through workshops facilitated by Harvard University, teaching staff navigate case studies, evaluate scholarly articles and transferred research-based concepts into classroom practice.

The School's innovative approach was further evident in March when the increasing cases of COVID-19 meant schools were looking at closing and moving to online teaching and learning.

The focus for Stuartholme at that time turned to creating a model of learning at home for our community that maintained the key characteristics of our small, caring, and connected village. Consequently, a bespoke remote teaching and learning platform – STU@HOME was developed and enacted. This provided a way for Stuartholme to continue to provide a unique virtual educational service in where every student could "be the best she can be".

"As a result, the impact on teaching and learning has seen the establishment of relationships across departments, enhancement of collaborative practice, self-reflection supported with staff well-positioned to respond to challenges inherent in a modern, global context," Mr Crump said.

Acknowledging the strong link to successful student outcomes and parent engagement, the school facilitated workshops with current and future parents to develop their knowledge alongside the school's educators.

Effective implementation of the program has built staff capacity, improved outcomes for the students and structured development aligned to the mission, goals, and objectives of Stuartholme School and Sacred Heart Education.

### BEST PROFESSIONAL LEARNING PROGRAM

Stuartholme staff are passionate, dedicated, and experienced educators who are deeply committed to the school. The School's professional learning program aims to build on a staff culture of intellectual hunger to further understand their professional practices. In so doing, Stuartholme has become an exceptional leader in building staff capacity through offering challenging and comprehensive professional learning for its staff.

The School was thrilled to be selected as a finalist in the Australian Education Awards 2020 announced earlier this year.

Strength in program design resides in the model which enables staff to engage in continuous self-knowledge through collaboration with their peers to improve learning outcomes. Central to the program delivery is the partnership with Project Zero, Harvard Graduate School of Education, whereby staff are engaged in targeted workshops delivered by Dr Ron Ritchhart, senior researcher.

Through timetabled Professional Learning Communities (PLC), staff have been skilled in the ground-breaking work that places at its core students becoming thinkers and learners. These PLCs support the process of educational innovation enhancing cross-organisational relationships and ensuring a safe forum to solve complex problems with a dedicated focus on teaching and learning.

# AUSTRALIAN EDUCATION —— AWARDS 2020 ——





Stuartholme students Leilani Hale, Alaina Walker and Mona Wolmby prepared the following beautiful reflection and shared it with the school community at a special NAIDOC Liturgy on Friday 6 November. The NAIDOC theme for 2020 is Always was. Always will be.

#### Always was. Always will be.

A reflection by Leilani Hale, Alaina Walker and Mona Wolmby

This land has always been our land.

It is a part of us.

We are a part of it.

We are interconnected.

We are one.

When you are back on country, you know you are home.

You hear laughter.

You are surrounded by family.

You are surrounded by history.

The land makes you feel safe.

The wind through the bush.

The ground under your bare feet.

You kick up the rich brown dirt.

You smell the dust.

You soak it all in.

You do it whilst you can.

The sun is brighter at home.

Everything is clearer at home.

On country.

The sun is up high in the sky.

The rays reach far into the blue.

You feel the warmth.

When the air is thick, when the sun is a bad hot.

The storm is coming.

You wait.

Everything waits.

When the rain hits the dirt.

We exhale

It is the best smell in the world.

The smell of rain.

Blue is the colour of home.

Green is the colour of home.

Blue as you sit under the shade.

Green as you sleep under the trees.

Joy as you watch everybody do their thing.

The air is fresh.

The air tastes and smells different.

Clean.

There are so many stars.

You see the Southern Cross.

You see the Milk Way.

On these nights I love staring into the fire.

Listening to the crackle.

Stare at the flames and get lost in the flickering dancing.

The smoke follows you.

Winding around you.

Winding like stories.

It is satisfying building a fire.

The hardest part is keeping it alive.

If you are lucky the fire will still have heat in the morning.

You gently breathe on the coals and the flames rise again.

The smoke rises again.

The stories rise again.

I am on country.

I feel safe.

I am home. Thank you for realising this.

Please be careful where you step.

Please be gentle with your steps.

Whenever you are on country and feel you are being watched, don't worry it is our grandparent's checking who is on their country.

Please know the country you walk on.

Walk with care.

Walk with respect.

Look after the land. It will always look after you.

Always was. Always will be.



### Tunnel Mural Project

Stuartholme's Arts Department is finalising a proposal to create a mural in the tunnel under the Joigny Building.

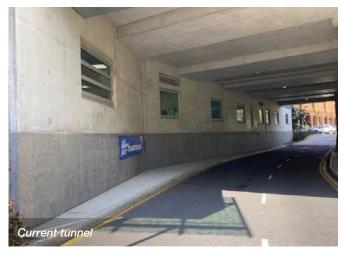
This exciting project will transform the tunnel into a far more visually appealing area and create another unique feature of our beautiful school.

The School is in the final stages of commissioning the artwork which will include motifs painted on the pillars and the wall of the Joigny Building.

The design of the mural is likely to include portraits of key figures from throughout Stuartholme's history as well as beautiful imagery of plant life as a homage to our bush setting.

Australian artist and designer, Claire Foxton, will use her skills in visual art (mural) skills to bring this project to life. Claire's art is known for exploring the triumphs and strength of the human condition via large scale public portraiture. Her work is guided by her roots in Design and influenced by characteristics of Abstract Expressionism. Claire's work can be found throughout Australia, New Zealand and in the United States.

We look forward to starting work in early 2021.





#### **YEAR 7 RETREAT**

# Laying the foundation



As a school community, everything we do and the way in which we do it, is influenced by our Catholic faith and Sacred Heart tradition. Retreat days provide an opportunity for students to explore their spirituality and personal growth.

The Year 7 Retreat is particularly important as it allows our newest students time to deepen their understanding of the sacred by exploring what is sacred to our Stuartholme community (Cor Unum) and ourselves. This retreat also forms part of the ongoing initiation of our Year 7s into the spirituality of the Society of the Sacred Heart and what it means to be of One Heart.

Dean of Mission, Justin Golding explained that the key to the success of a Retreat Day is encouraging students to keep an open heart and mind for the day.

"We really want the students to give the day 100% of them – you get out of it what you put into it. We want everyone to respect the ideas of others and most of all to have fun!"

With the help of a group of Year 10 volunteers, the first activity for the day was on Community Building. Students were asked to find a partner and sit together facing each other. When prompted, they were invited to share their reflections from the following questions.

- 1. You only get three words to describe yourself. What are they?
- 2. What's something everyone else loves that you secretly find overrated? Why is this so?
- 3. What kind of things really make you laugh?
- 4. What is something that you wish you were really good at?



- 5. What's been the greatest challenge starting secondary school this year?
- 6. What do you love most about Stuartholme so far?
- 7. If there was one thing that you could change about Stuartholme, what would it be?

After learning a bit more about their new year group, the students moved on to discussing the school motto 'Cor unum et anima una in Corde Jesu", which means One Heart and One Mind in the Heart of Jesus.

Students discussed how the heart symbolises the very centre of our being since it is the organ that keeps us alive by pumping blood around the whole body. Jesus desired a devotion to his Sacred Heart. He wanted to be close to us, to reveal to us the depths of his love, and to call us to respond to this love by loving him in return and extending that love to others. Indeed, he gave the commandment to his followers to 'Love one another as I have loved you' (John 15:12).

"The Year 7s continued to explore concepts of 'One Heart' and what that meant to them before moving on to activities which allowed them to connect to the sacred," explained Justin.

"Students could choose to look at Rosary Beads and prayer, as we use prayer as a way to speak to God. They could find the sacred in their surroundings by moving outside and finding something that reminded them of God. Or they could spend time looking at images and choosing the image that speaks to them or captured their attention."

Retreat Days are run in every year level for between one and three days. The content builds on from the previous year, giving students a clear path as they navigate their own spirituality.

"Retreat Days differ to the curriculum teachings of Religious Education. They are unique to both the school and the student. By Year 12 our hope is that our students have had the opportunity to discern their relationship with God.

"I would also hope they have a strong connection with the Sacred Heart and understand they belong to this beautiful community in Cor Unum."

## Spark Program

Stuartholme's Spark Program, launched earlier this year, has been carefully designed to meet the needs of the school's high potential students.

Director of Enrichment, Michael Elliott explained that Stuartholme students continue to consistently rank well above their peers in the state system.

"When compared to females in state schools, our results over the last five years show Stuartholme students performed 10.8% better in the OP 1-5 category, 17% better in the OP 1-10 category and 13% better in the OP 1-15 category.

"Stuartholme aims to develop the potential of each student by providing a pathway that acknowledges their individual gifts and talent. This requires an environment where each girl's spiritual, intellectual, social, emotional and physical development is nurtured," Michael said.

At Stuartholme a flexible, continuous process involving a combination of careful and sensitive observations and objective assessments is used to build a detailed picture of students so that confident judgments can be made about students with high potential.

The unique characteristics of the students serve as the basis for decisions on how the curriculum should be modified (Berger, 1991).

Michael works collaboratively with the Leaders of Learning and teachers, Co-curricular Coordinators and Program Leaders to ensure the most beneficial modifications to curriculum programs are made and that challenging co-curricular options are available to high potential students.

When you spark her imagination, the results are limitless.



#### Key features of the program include:

- An enriched curriculum designed to nurture the academic strengths of high potential learners
- Differentiated learning and assessment within the core areas of English, Mathematics, Science and HASS (Humanities and Social Sciences) specifically designed to reflect the academic strengths of high potential learners
- Personalised learning through regular student tracking and monitoring to provide alternate curriculum pathways and assessment
- Enrichment extension for high achieving students in English and STEAM through project-based extension experiences designed to target individual interests and abilities and develop future-ready skills
- Access to out-of-class extension opportunities

Entry to the program is by invitation and is based on several factors including the enrolment interview, academic performance at primary school and additional testing through the Middle Years Ability Testing (MYAT) and Progressive Achievement Test (PAT) that are completed by all students.



### Year 12s Ponytail Project

Year 12 is a milestone year for students as they finish 13 years of schooling. The year traditionally includes events and celebrations, but, due to COVID-19, many of these could not happen.

Stuartholme School seniors were determined to make the most of their final year of high school and in true Stuartholme spirit, found a way to not only leave their mark, but to help people in need by taking part in Cancer Council's Ponytail Project.

Four seniors, Lucy Baker, Hayley Bowden, Alice Cook and Erin Osborne, decided to shave their hair off to ensure the most amount of hair could be donated.

Lucy Baker said that in a year that had some cancellations, it was wonderful to see a project through to the end.

"The year was starting to take its toll, so when we proposed this idea to our cohort we were blown away by their support."





Hayley Bowden said Cancer Council's Ponytail Project was chosen because so many families have been impacted by cancer.

"It's a lovely feeling to know you will be helping someone who is going through such a bad time in their life."

On Friday 9 October, 34 girls cut up to 36 centimetres of their hair, which will be made into wigs for children and adults.

Principal Kirsten Sharpe said that Stuartholme girls are brave, resilient, kind young women.

"They are not backwards in coming forward and when they set their minds to something, they are unstoppable."

In addition to hair donations, thanks to generous support from family and friends, the Class of 2020 raised over \$37,000 for Cancer Council.



**SUPPORT THE SENIORS** #RockingTheChop AT THIS YEAR'S **PONYTAIL PROJECT** 

FIND OUT HOW AT ponytailproject.com.au



### The Stuartholme School Urban Farming Group



## Fourteen students from Years 11 and 12 have joined Stuartholme School's pilot Urban farming co-curricular group.

The Stuartholme School Urban Farming Group allows students to engage in experiential, project-based learning about agribusiness.

In 2020, Stuartholme School also joined the Agribusiness Gateway to Industry Schools program (AGISP).

The program was developed to combat skills shortages across agribusinesses and improve the attraction and retention of skilled employees to ensure a sustainable workforce into the future.

"As a participating school in AGISP, we were able to apply for a grant which is being used to build a garden for the students to work in," explained Tom Lillyman, Careers Counsellor.

"The purpose of the urban garden is to develop students' interest, knowledge and skills in agricultural practices, while also developing 21st century skills of critical thinking, creative thinking, collaboration and teamwork.

"Students are the key decision-makers at each stage of the journey and collaborate with industry partners to make informed decisions about crop choice, growing methods, crop monitoring, maintenance and nutrition, issue resolution, harvesting and use of crops grown," Tom said.

Work began on building the garden beds in July and were undertaken thanks to the generosity of Green Options staff, who currently manage the school's grounds.

"In addition to Green Options donating their time to build the garden beds, Searles Gardening donated propagating mix, 5 in 1 organic fertiliser, potting mix, hand tools, hats, and soil testing equipment. We are hugely grateful for their support," said Tom.

Planting started in September and included a range of plants such as native lemon and lime, herbs and vegetables.

"The students were thrilled with their first harvest in October, which included kale, basil, perennial spinach, lettuce, and parsley" said Tom.

"We are looking forward to harvesting more crops before the end of the school year and re-planting for a fruitful 2021!"



The students were thrilled with their first harvest in October, which included kale, basil, perennial spinach, lettuce, and parsley.



### Front Page

### The news of the future – Schools competition

Stuartholme School's Enrichment Department entered two teams in the 2020 Front Page competition, an initiative of Nine and Australia Teachers of Media (ATOM).

The competition is designed to encourage students to write and design their own school newspaper. The two teams of Year 8 and Year 9 students each created an eight-page newspaper filled with news, stories, photos and interviews to keep the Stuartholme reader informed and entertained.

Director of Enrichment, Michael Elliott said the competition not only provides a creative challenge for the students, but it also has direct links to the curriculum.

"The competition is relevant to many curriculum areas in the lower secondary years, including English, Media, Visual Arts, Social Sciences and Technology and allows students to extend themselves in areas of text structure interacting with others, interpreting, analyzing and evaluating."

Congratulations to both teams for their outstanding publications and to our Year 8 team who were named as a finalist in the Lower Secondary Category.



#### **COMPETITION:**

# Poetry and Song Writing

Congratulations to Georgia Manthey, Year 10, on being named one of two winners of the 2020 Excellence in Visual and Media Arts and the Queensland Poetry and Song Writing Competitions, in the song writing category.

The competition, run by Edge Creatives in conjunction with Griffith University Queensland College of Arts, celebrates Queensland's young artists and provides a platform to future careers in Visual and Media Arts.

The theme for the Poetry and Song Writing Competition was 'The Senses see, smell, taste, touch and hear.'

Georgia chose 'sight' as the inspiration for her song as she felt there was so much to talk about with 'sight'.

Georgia used the current issues and how people could be affected by them. "I love the fact that lyrics can be interpreted by the listener, which makes them more relatable."

Most weekends you can find Georgia busking in various locations around Brisbane. She used this opportunity to test her song out on a live audience.

Georgia said she was shocked and thrilled when she received the email advising she had won.



#### **TOP MARKS IN**

# History and Geography

On Friday 6 November, Stuartholme was proud to celebrate the achievements of a number of students at Assembly who accepted the challenge of participating in state and national competitions in Geography and History.



#### **AUSTRALIAN GEOGRAPHY COMPETITION**

Year 12 Molly McCann – High Distinction; top 2% in the country; only 7 students in Australia with better results

Year 12 Imogen White - Credit

Year 11 Amy Horn – High Distinction; top 2% in the country; only 17 students with higher results

Year 9 Rose Hollingdrake – High Distinction; just outside top 10% nationally

Year 9 Felicity Hoult – High Distinction; just outside top 10% nationally

Year 9 Darcy Mansul - Distinction

Year 9 Bella Stuart - Distinction

Year 9 Nel Tiernan - Distinction

Year 9 Kate McGann - Credit

Year 9 Maddie Hirn - Credit

Year 8 Rosie Sheehan - High Distinction; equal top 5% nationally

Year 8 Millie Davies - Distinction

#### **QHTA HISTORICAL WRITING COMPETITION**

This year we were thrilled to have our students top the state with their History essays.

Year 11 Betsy Duff - First Place in Qld for ancient history

Year 11 Lily Greenaway – Highly Commended (equivalent to 4th place in state)

Year 10 Ashley Rolfe - First Place in Qld for history

Year 10 Milana Tan - Third Place

Year 12 Lucy Baker – Highly Commended (equivalent to 4th place) Modern History Independent Source Investigation, a new assessment type that Year 11 and 12 History students do

Leader of Learning – Humanities and Social Science Ben Hegerty congratulated not only the students listed, but all the students who entered.

"I am just as impressed with those who were brave enough to enter and didn't win. What I really hope we can acknowledge and celebrate today is that these students were prepared to participate and challenge themselves and take a risk, which is something I encourage all of you to do every single time you get the chance."

Congratulations to all our students on their accomplishments.

# Living traditions — our Ribbons



### On Friday 28 August, the Stuartholme community joined together to celebrate a long tradition of Sacred Heart Schools across the world – the awarding of Blue and Green Ribbons.

In her address, Stuartholme teacher, Andrea Reddan reminded us that the first distribution of Ribbons occurred in July 1922.

These ribbons were made from specially imported ribbon from France with the Blue Ribbons fringed with silver trim. Along with the Blue and Green Ribbons were also Rose and Pink Ribbons, which were for the junior school.

As we do now, the recipients were voted for by their peers and then votes were ratified by the Religious of the Sacred Heart. For Stuartholme, the annual awarding of Ribbons continued through until the 1960s, with the exception of when the school relocated to Canungra during World War II and there were too few students to award Ribbons.

During the 1960s there was much social change and the Ribbons were replaced with a Student Representative Council. Some schools within our Australian and New Zealand province, Ribbons and Student Representative Councils are one in the same, or in some cases they are only given to students in leadership roles.

2020 is a significant year in the history of Stuartholme being our centenary year. However, it also marks the 20th anniversary of Blue Ribbons once again featuring as an integral part of our school. In 2000, Sisters Rita Carroll and Genny Bannon rscJ, along with Mary Hardie, School Counsellor and Nicole Harris, Head of Religious Education, discussed and devised the current criteria upon which Stuartholme chooses their Ribbons.

In 2002, Green and Rose Ribbons again became part of Stuartholme, although Rose Ribbons were not awarded in the same way and did not continue.

Today, the recipients receive either a Blue or Green Ribbon badge, but previously, they would have worn a Blue Ribbon as part of their uniform. Some of our sister schools have now followed this tradition with their Ribbon recipients also wearing a badge.

Living tradition provides us with a firm foundation to launch into the future with confidence and surety. Because of this tradition, we know who we are and what we have to offer to each other and the wider community. The awarding of Blue and Green Ribbons at Sacred Heart schools is an important part of our tradition for this very reason. The Stuartholme community recognises the personal qualities of girls who are an inspiration to others.

Janet Erskine Stuart rscJ was a renowned educator and her

#### Blue Ribbon Recipients for 2020

Imogen Fraser, Maia Craig, Haley Bowden, Emma Cook, Meghan Todd, Molly McCann, Larnie Beauchamp, Hannah Pye, Octavia Scobie, Nieve Dickman, Elke Frecklington, Rebecca Brown, Tilie Alleluia, Lucy Baker, Olivia Hartland, Neave Duff

#### 2020 Green Ribbon Recipient for 2020

Sophie Howard, Audrey Fraser, Greta Robertson, Madison Ryan, Angelique Boland, Madison Malouf, Alexandra O'Brien, Stella Gaborit, Kei Wynn, Monique Judson, Holly Clemson, Georgia Betts, Eliza Ellerby,

most well-known text is 'The Education of Catholic Girls'. In it, she places emphasis on the development of character – the life lived, who you are, integrity and authenticity.

Ribbon recipients are chosen because of their character, they reflect Stuartholme and our Sacred Heart values – living out the Five Goals - supportive of: faith and the spiritual dimension, community, learning, social awareness and action and embody personal freedom, that is making right choices and showing courage to stand apart from their peers.

An extract from 'Life in School of the Sacred Heart' tells us:

"It is the privilege of the Ribbons to help in keeping on a high level the good spirit of the school, and to be at the service for all. They can be counted on, wherever they are, to create the right atmosphere of fidelity to duty and to joy.

It is this feeling of joy that embodies our Ribbon recipients. There have been many occasions when visitors to the school have commented on the 'joyfulness' of the girls and their obvious pride in their school.

The girls who received a Ribbon today are part of our history. The legacy they leave will help make Stuartholme a better place, filled with more love, more justice, and more service to others.

Thank you for your contribution to the life of the School."

# 2021 Leadership Positions

#### Student Leadership Handover

Occasions such as this, also call us to remember our heritage and the legacy of leadership to which we belong. Our founder, Saint Madeleine Sophie, knew well the demands of leadership as she navigated Revolutionary France of the late 1700s. She cultivated the personal skills needed to thrive in an environment of turmoil and change akin to what we experience today. Over time, with the aid of prayer and reflection, Saint Madeleine Sophie's leadership style emerged as she dreamed of a way to be on earth the heart of God.

**Justin Golding** 

Congratulations to the following students on receiving a leadership role in 2021.

Cor Unum Captain: Cor Unum Committee: Annalise Barnes Madeleine Roche,

Hannah Howard, Amy Horn

#### **SPORTS**

Athletics Captain: Basketball Captain: **Cross Country Captain:** Equestrian Captain: Netball Captain: Rowing - Captain of Boats: Soccer Captain: **Swimming Captain:** Tennis Captain: Touch Football Captain:

Grace McIntosh Bella Anthony Elizabeth Nolan Zavier Horder Jayde McCarthy Sophia Buller Lucy Berge Emma Hall Daynah Holmes Gabby Twigg

Jade Snowden

Pascha Melsom

#### **BOARDING**

Volleyball Captain:

Waterpolo Captain:

Amiens Captain: Amiens Vice Captain: Grenoble Captain: Grenoble Vice Captain:

Emma Hall Maeve Shay Lily Thomson Lucy Berge

Sophia Buller

Lucy Wallace

Emma Barry

Lucy Berge

Isabelle Haddon

Abbey Moore

#### **COMMITTEES**

**Student Mentors:** 

Tatiana Stinson, Anna Hegerty, Elizabeth Duff, Leilani Hale, Imogen Philp Kathryn Capstick Delilah Jackson

Academic Captain: **Academic Committee: Debating Captain:** Drama Captain: JPIC Captain: JPIC Committee:

Revelle Rolfe, Emma Hall, Ella Torrens

Liturgy Captain: Multicultural Captain: Music Captain: Music Committee:

Saskia MacMillan, Pascha

Student Events Captain:

Student Events Committee:

Melsom, Laura Stanley, Olivia Nancarrow Grace Deeran Chloe Warren, Alexandra

Borjesson, Mekenzie Hermann

#### **COEN**

House Captain: Sport Vice Captain: **Cultural Vice Captain:** House Spirit Leader:

Aurelia Byrne Alice Rogers Indigo Goldston Eve Condren

#### **MACRAE**

House Captain: Sport Vice Captain: Cultural Vice Captain: House Spirit Leader:

Lily Alessandra Annella Casey Holly Ridgway Molly Morrison

#### **PARKER**

House Captain: Sport Vice Captain: Cultural Vice Captain: House Spirit Leader:

Ellen Gett Ella Cole Elizabeth Duff Sophie Roach

#### **STUART**

House Captain: Sport Vice Captain: Cultural Vice Captain: House Spirit Leader:

Molly Nasser Lily Thomson Gabrielle Cule Maeve Shay

#### **TOOHEY**

House Captain: Sport Vice Captain: Cultural Vice Captain: House Spirit Leader:

Lara De Martini Ebony Anderson Anna Hegerty Ava Curtis

#### **WOODLOCK**

House Captain: Sport Vice Captain: Cultural Vice Captain: House Spirit Leader:

Imogen Philp Jade Snowden Luanna Burchill Ally Weston

## Recognising excellence

The foundress of the Order of the Sacred Heart, Madeleine Sophie Barat said, 'In this struggle concerning education, the Heart of Jesus asks us not for our blood, but for our minds. We must strengthen our studies by intellectual work.'

The first Academic Assembly is in mid-February and the second in mid-August. The Assembly in February acknowledges the success of the exiting Year 12 students and students who achieved the top mark in some elective subjects from the previous year. The Assembly in August acknowledges the outstanding academic performance of students in Semester 1. These awards acknowledge the importance of working towards goals and importantly, recognise those hard-working students who consistently improve their results. As our Academic Committee Captain Nieve Dickman outlined in her address, the Academic Assembly allows us to celebrate the pursuit of academic success through taking personal responsibility for learning through embracing accountability and effort.

Our third major Awards evening is our Celebration of Excellence held in Term 4. This is an opportunity for the whole school community to esteem those students who have attained the highest standards of academic and co-curricular achievement. It is at this event that we also acclaim those students who have demonstrated outstanding school and service leadership.

This year, Celebration of Excellence was live streamed far and wide from the Stuartholme School Chapel. A combination of recorded interviews, musical and drama pieces were beautifully entwined around live speeches and award ceremonies.













This is an opportunity for the whole school community to esteem those students who have attained the highest standards of academic and co-curricular achievement.





# QUT STEM ITERATE PROGRAM... INSPIRING THE Next Generation of Leaders









### In term three, Stuartholme School was one of two schools that were asked to trial the QUT STEM Iterate pilot program.

A number of Year 9 and two Year 10 Digital Technologies students plus a few of their friends participated in the challenge. These students were guided through a six step, problem solving model which they could apply to any real-world situation. This challenge was at university standard and our students delivered producing professional and evidence based solutions. This intense program is similar to other Design Sprints and UX Design Bootcamps run by tech giants such as Google and Amazon.

Two groups recognised problems within the school that they could formulate and implement solutions for, and another group recognised a problem within the Brisbane waterways.

Team Robbos consisting of Sophie O'Brien, Chloe Robinson and Maree Robinson. Through research, this group discovered the devastating impact of food wastage, and its effect on our society and the environment. Team Robbo decided to take on the problem of food wastage throughout our school. They intended to implement their solution by partnering with the Stuartholme Urban Farms Club.

Coffee Bean Wastage team consisted of Annabelle Fisher, Alice Shearer, Hannah Spurway, Bella Stuart and Sophie Sullivan. This group discovered that 23 million tonnes of coffee wastage was dumped in landfill each year. Guided by QUT student ambassadors, these students began to consider where, when, who, what, why and how to implement a strategy, create a prototype solution and then create a video summarising their findings. The team decided on a solution to save the coffee wastage crisis, blueberry gardens! Turns out the ideal acidity for blueberries is the same as coffee, so their strategy was to implement free, not for profit community gardens to grow blueberries using left over coffee grounds. This group made a small garden to test their theory by growing three blueberry plants, each with a different amount of coffee as fertiliser.

They hope to see blueberry gardens popping up around Brisbane in the near future!

The Stuartholme Sugar Gliders consisted of Rose Hollingdrake, Alice Hu, Bronwyn Mason, Jemma Stiles and Cassie Watkins. This group focused on ocean plastic pollution. Through research, they discovered the horrific affects plastic pollution has on aquatic wildlife and marine animals. They considered several solution options with their final solution being to establish a volunteer organisation. This organisation will help promote the cleanliness of our oceans and awareness of the issue.

The team decided on a solution to save the coffee wastage crisis, blueberry gardens!

The girls should be immensely proud of what they have achieved in this program. The challenge mirrored a real world entrepreneurial scenario, and the critical analysis applied by our students were of a high calibre. If QUT offers this challenge again next year, I would strongly encourage all students to consider submitting an application. This is a unique opportunity to step outside your comfort zone, and learn a new skillset from key thought leaders in this area which you can apply in your future careers.

#### Leigh Ferguson

Leader of Learning - Technologies

### Rugby 7s

The Co-curricular Department held and inaugural Market Day earlier this year where students could find out about the various sports, clubs and music opportunities at Stuartholme.

On the day, we were lucky to have some of the Queensland Women's Rugby players on board to introduce the sport. Interest from our students was so high that in Term 3 Stuartholme launched Rugby 7s as an option with "Get Into Rugby", a program funded by Sporting Schools and delivered by Queensland Rugby Union.

The program was very popular and we continued into Term 4 with training one day a week with nearly 70 girls.

While in the introductory phase, our coaches Paul Davey, Liz Patu, Nick Lahey and Grace Strudwick have focused on safe tackling, ball skills and game play. We participated in the CaSSSA Gala Day, as well as some friendly games against Mt Alvernia and Mt Maria. The girls have been improving at every session and are keen to get involved in inter-school competitions in 2021.



### Cross Country

The Stuartholme Cross Country team went from strength to strength in 2020.

With a record number of participants, the team started training early in 2020 before shifting to remote training during the period of lock down, which extended the season by two months.

According to Cross Country Coach, Chris Gale, this extension only strengthened the team's commitment and ownership of the program.

The team's hard work paid off at the annual CaSSSA Cross Country Championships at Limestone Park on Friday 21 August with Stuartholme winning the Championship for the fourth year in a row. Stuartholme also won in all age groups, 12, 13, 14, 15, 16 and 19s.

To win the CaSSSA Cross Country Championships for the 4th year in a row was a wonderful achievement and testament to the hard work put in by all the members of the cross country team.

With the border to Queensland closed, one member of our cross country team who lives in the Northern Territory was not able to compete with the team on the day.

Sophie Johnson, Year 7, showed her support for her team and ran 3kms at her property. While Sophie was not at Limestone Park, the team shared their best wishes and thanked her for being a valuable member of the team.





### Stuartholme Sport



#### Casssa sport trimester 3

#### **BASKETBALL**

Open B	5th
Intermediate A	Runners Up
Intermediate C	4th
Junior B	Premiers

#### **SOCCER**

Open B	Runners Up
Open C	6th
Junior A	6th
Junior B	8th

#### TOUCH FOOTBALL

TOOCH FOOTBALL	
Open A	5th
Open B (1)	3rd
Open B (2)	8th
Open C (1)	5th
Open C (2)	6th
Intermediate A	3rd
Intermediate B	3rd
Intermediate C	4th

Unfortunately, the Junior touch football season was cancelled due to COVID-19.

#### **CBSQ BASKETBALL**

Nine students represented Stuartholme over four days at the Champion Basketball Schools Queensland Competition held in Brisbane. It was a great opportunity to play against schools across Queensland. The girls' skills and team cohesion strengthened over the tournament and continued their success going into the CaSSSA Intermediate A finals.

#### YEAR 7 ROWING CAMP

On 24 and 25 October, 30 Year 7 students went to Pine Rivers Rowing Club/YMCA for a Learn to Row Camp. Over two days they enjoyed a variety of skills sessions, plus some team building and genuine fun to introduce them to the sport of rowing. They were joined by our Year 8 rowers who missed out on their first Rowing Camp due to COVID.



### SOUTH EAST QUEENSLAND ROWING CHAMPIONSHIPS

Our rowers completed their final regatta of the 2020 season at the South Queensland Schools Regatta. It was a fun weekend with some great results.

Open Eight	Silver
Year 8 Quad	Silver
Open Quad	Bronze
Finalists:	
Year 10 Quad	4th
Open Four	4th
Year 11 Four	5th
Year 11 Quad	5th
Year 10 Four	
Open Eight	
Year 9 Single	
Year 8 Quad	10th





#### **NETBALL**

The Downey Park Netball Association winter season was replaced with a 'Nine Week Blast' season when we returned from lock down. Stuartholme fielded 20 teams in this competition across four age groups. The 'Nine Week Blast' was a great opportunity to play some netball this year and develop for the 2021 season.

We also entered a team into the Vicki Wilson netball competition held over the September holidays. The Vicki Wilson competition attracts the top netball teams from across Queensland. This was a wonderful opportunity for our girls to compete at the top level of school netball.











### Year 12 Formal

The Greek Club at South Brisbane once again hosted our Year 12 Formal on Friday 4 September.

While the girls could not dance, they had a wonderful night with their partners and friends enjoying a beautiful dinner.

The night ended with a video made by the seniors during the period of remote learning. Set to the song by David Guetta, "Where them girls at" the seniors all contributed a clip from their houses.



# Where them Girls at?







### Christmas came early on Sunday 8 November, with Stuartholme students hosting a very DanDaLion Christmas.

At this student-led event, students and guests spent the day enjoying activities that were modified for all abilities to be included and most importantly, making new friends!

DanDaLion Friends is a charity that believes everyone has unique gifts and that everyone has skills to contribute. This philosophy motivates DanDaLion to help our community redefine the value of those with a diffability. DanDaLion works with schools whose students become change agents for the next generation. In the words of DanDaLion Friends, "There is difference only if you choose to see it. There is change only if you choose to be it."

Guests and students took part in activities including Christmas card crafting, paper aeroplane throwing competitions, face painting, slime making, paint and plant workshops and Christmas sing-a-longs. All of these activities were designed, set up and managed by our students. This event extended to students running the training in the lead up to the event and helping their fellow volunteers unpack the DanDaLion experience.

A highlight of the day was with everyone wearing a yellow DanDaLion shirt, there was no Stuartholme student or DanDaLion member, just a community finding joy.

Stuartholme looks forward to joining with DanDaLion Friends for more experiences in 2021.

#diffability #wegiveadan





#### **CONVENT OF THE SACRED HEART**

### Canungra

As part of Stuartholme's centennial celebrations, a group of alumnae, board members current and past staff took a trip through the Gold Coast hinterland to visit the Canungra Hotel, which became home to the Sisters and students during World War II.

As part of the trip, the bus stopped at local wineries for tea, coffee and wine tasting, before reaching the Hotel where they enjoyed a delicious lunch.

#### The journey to Canungra

In late 1941 Stuartholme was still considered a 'safe' area of Brisbane, but parents were starting to worry about their daughters being in Brisbane, which was becoming unsafe. Many of these parents either moved their daughter to another school or brought her home to their properties.

To comply with the government order, Stuartholme installed air-raid shelters, but by early 1942 the situation had deteriorated, and schools were prohibited within a 50-mile radius of Brisbane until the danger of invasion had passed. Reverend Mother wrote to the alumnae on 4 July 1942, to advise of the move to Canungra.

An agreement with the proprietors of the Hotel was reached and the rent paid for the period from 16 February 1942 until 15 December 1942.

The small number of students who moved to Canungra along with the Sisters set themselves up at the Hotel and its adjoining cottage, which was used for additional classrooms. The first Mass was said in the Chapel, which was formerly the upstairs parlour. The bar doubled as a classroom and as the main study room, the school library took the place of bottles under the counter.

Back in Brisbane, the Convent of the Sacred Heart, Stuartholme ceased to exist on 15 July 1942 when it became the 42nd United States Military Hospital.

When the agreement with the owners of the Canungra Hotel expired at the end of 1942, larger premises were needed due to so many children sent to resume their education. The Convent was once again on the move, this time to The Grand Hotel at Southport where they stayed until Stuartholme was returned to the Sisters in 1945.







### Art Show



As part of the School's Centenary celebrations, the fundraising Art Show ran over Saturday 12 September, which included the Opening Night and Sunday 13 September.

Our guest speaker, Davida Shera (nee Allen) alumna and Archibald Prize winner, spoke from the heart about the importance of practising art at every age. She communicated to a rapt audience about the importance of being creative and playful. For the artists present, it was both an encouragement and affirmation of work that continues over a lifetime and is often carried out in isolation. Of her own practise she says, "Painting is my method of surviving—grief, love, lust, angst, joy, excitement."

The exhibition displayed the works of thirty alumni, professional and emerging Brisbane artists in the form of paintings, ceramics and jewellery. The aim of this year's show was to bring together alumni artists and present day art students to build and celebrate the creative community that continues to grow from the Stuartholme family. All artists who participated in the inaugural 2017 Art, Bubbles and Canapés (ABC) Art Show were invited to show their work. The second show also featured our talented art students from Years 7-12.





Facilitated by Samantha Martinuzzi, Stuartholme Art Teacher and Marguerite O'Sullivan an Art with Heart competition was run within the school. Heart shaped canvases were painted, embroidered and collaged by students to illustrate their feelings about the school motto "One Heart" and its meaning for them. The works were displayed at Indooroopilly Shopping Centre and there were three prizes-A People's Choice Award and two encouragement awards.

To celebrate the centenary, Artist in Residence, Nick Olsen's lovingly rendered view of the school from Birdwood Terrace is now available as a limited edition print. "On the Way Up (Colours of Stuartholme)," can be purchased from the school shop.

The art committee also commissioned a silver bracelet and a Cor Unum pendant, designed by Pierina Curties, Stuartholme Art Teacher. The jewellery and art was sold during the show and for the week following.

For the first time, an online catalogue was published to promote and sell the work and thanks to the generous sponsorship of Entelsoft, the artworks, logistics and sales were documented on specially designed Artshow ASAP software. This will become a helpful record for the next art committee.

Despite the COVID-19 restrictions, Saturday night opening was a sell out and guests enjoyed music, speeches and entertainment on the lawn outside Joiny.

The show received support from generous sponsors including Entelsoft, Gyrostream, Dalozzo Art Gallery, Brisbane Digital Images, The Gillies Family, Patricia Mitchell OAM and George and Rachel Hopkins. Together, with art sales, the proceeds will be donated to an Alumnae Bursary.

The art committee would like to thank our big-hearted artists who donated work for sale. The next art show will be held in 2022 and alumni and parents are encouraged to join the committee.

#### Tracey Lennon

2020 Centenary Art Show Co-ordinator



#### **Art with Heart**

As part of our centennial celebrations, students were invited to enter the Art with Heart Competition.

The heart shaped canvases were filled with students' interpretation of the School's motto, 'Cor Unum' – One Heart.

Stuartholme partnered with Indooroopilly Shopping Centre, which is celebrating its 50th anniversary this year. The hearts were displayed at the shopping centre and people could vote for their favourite heart in the People's Choice Award, for their chance to win a \$100 Indooroopilly Shopping Centre gift card.

We had a very high standard of entries. Congratulations to Phoebe Cranitch and Eliza Flanagan, both in Year 7 on sharing first place and to all the students who entered.

Their work is a beautiful representation of Cor Unum.

#### A MESSAGE FROM THE ALUMNAE PRESIDENTS

Stuartholme Sacré Coeur Association (SSCA) had much to celebrate in the second half of the Centennial Year. The Wine and Dine at Canungra excursion provided alumnae the chance to visit and learn about the historical significance of this site for Stuartholme School. This centenary visit was a unique experience to hear and relive some of the experiences shared 78 years ago when Stuartholme School relocated to Canungra during the Second World War.



The Centennial Art Show (CAS) was a resounding success and bursary funds raised at this event have ensured that daughters of alumnae can have the opportunity to attend Stuartholme School. We hope you enjoy reading the article all about the Centennial Art Show – a very big think you to Stuartholme alumnae Tracey Lennon who coordinated this event along with the CAS sub-committee.

Our final event for Stuartholme's Centennial Year was the Inaugural SSCA Remembrance Mass where the SSCA Book of Remembrance was presented and blessed by Sr Kath Muirhead and Sr Rita Carroll. This Mass was held in the Stuartholme School Chapel and remembered all who have had the opportunity to walk the halls of Stuartholme as a Religious of the Sacred Heart, student, family member, board member or staff member. We look forward to making this an annual event on the SSCA calendar.

The SSCA were privileged to attend and take part in the Valedictory Mass where the Class of 2020 were honoured and the gift of receiving a Sacred Heart Education was celebrated. The following quote from Mother Janet Erskine Stuart was shared with the soon-to-be youngest Stuartholme alumnae during the Mass: "Life faces you with courageous challenges at every step of the way. You are on the path, exactly where you are meant to be right now...and from here, you can only go forward, shaping your life story into a magnificent tale of triumph, of healing, of courage, of beauty, of wisdom, of power, of dignity, of love." Many can relate and draw strength and inspiration from these words of wisdom no matter what stage of life.

Thank you to the Principal of Stuartholme School, Kristen Sharpe and the Stuartholme School Leadership Team for their ongoing

You are on the path, exactly where you are meant to be right now...and from here, you can only go forward,, shaping our life story...

support of the Stuartholme Sacre Coeur Association. We acknowledge the dedicated work Ms Sharpe has done throughout the year to adapt and support current Stuartholme students but also the alumnae group.

We would also like to say a very special thank you to Stuartholme Community Engagement Manager Dearna Law for her enthusiasm and tireless work to support the SSCA with planning and organising all our alumnae events. We would be lost without Dearna's expert knowledge and assistance. While the Centennial Celebrations took a different form to the original plans made a few years ago, we are incredibly proud of what has been delivered.

Thank you to all the Stuartholme Alumnae who supported and engaged with our Centennial Celebrations this year whether that was in person, via live stream or on our social media platforms. We wish the Stuartholme family a very Merry Christmas and a safe and happy New Year.

See you in 2021!

Georgina Woods & Elizabeth Woods (SSCA Co-Presidents)





#### **INVOLVEMENT, DEDICATION & EXPLORING CONNECTIONS**







I'm Emily Palmer and I graduated from Stuartholme in 2013. I started in 2009 as a day student and when I was in Year 10 (2011), my family moved from Brisbane to Perth. My sister, Sophie Palmer (Class of 2014), and I trialled a term of boarding at Stuartholme and did an Orientation Day at a school in Perth. We both decided that we would stay at Stuartholme as boarders.

Whilst at Stuartholme, I took the opportunity to participate in as many activities as possible, such as, sports, musical ensembles, and social/leadership activities. My involvement in extra-curricular activities has continued even after school. I continued to swim at Stuartholme for many years and have actively participated in University clubs, social, sport and degree related events.

...I have really appreciated the value of a continuous education in high school...

We were grateful to have been day students at boarding schools with the opportunity to transfer into boarding and stay at the same school.

After Stuartholme, I went on to study at the University of Queensland and for my first two years, I lived at Duchesne College (a Sacred Heart founded residential college for women). Last year, I graduated with a Dual Bachelor's Degree of Engineering (Civil Engineering) and Commerce (Finance) from UQ, St Lucia.

This year, I accepted a Graduate role with Newcrest, an Australian gold mining company. I am currently based in Perth, working a 2-weeks on, 2-weeks off fly in, fly out roster at a mine called Telfer as a Graduate Geotechnical Engineer. Telfer is in the Great Sandy Desert of Western Australia, near Marble Bar and is one of the hottest places in Australia. I am thoroughly enjoying the experience I am gaining and the people from all walks of life that I am working with.

Over my time at UQ, I worked part-time whilst studying and through my holidays, I was fortunate enough to have a variation of work experience opportunities in different engineering fields. I worked as a Learn-to-Swim Instructor at UQ Aquatic Centre and completed internships at CS Development Group (Construction), Transurban Queensland on the Logan Motorway Upgrade and Newcrest Mining as a Vacation Student at a Gold Mine (Cadia Valley Operations) in Orange, NSW.

During my internship at Transurban, I was selected as a Female Excelling in Engineering Technology student (FEET) and completed

a five-day training program. When I was at Newcrest, I featured in a video they produced as a spokesperson promoting their Graduate Program and the value of site experience for young Engineers. I was a UQ Student Ambassador for the Engineering, Architecture, and Information Technology (EAIT) department; as well as a UQ Meet a Mentor program participant where I was partnered with a Senior Mining Engineering Lecturer. I was a speaker at the UQ Civil Engineering Showcase Evening to share my learnings and take-aways from the Meet a Mentor program and spoke at the QUT Power of Engineering Information Day for high school women whilst working as an Undergraduate Project Engineer at Transurban.

It was also during my time at UQ, that my parents moved again, this time to Denver, Colorado, USA. My brother and youngest sister decided to stay in Perth and complete their secondary education, also becoming boarders, rather than moving to the USA with my parents.

Looking back, my three siblings and I have really appreciated the value of a continuous education in high school, having moved many times throughout Australia and South Africa in our primary school years. We were grateful to have been day students at boarding schools with the opportunity to transfer into boarding and stay at the same school.

The independence and social skills gained from our time at boarding school and Duchesne College prompted me to apply for a Semester Abroad at the University of Texas at Austin in my third year. My time in the USA taught me to step out of my comfort zone by getting involved in the local community and valuing the friendships I made while living overseas, as your paths may cross again.

After returning from the USA, I attended my Stuartholme Alumnae five-year reunion where I become a member of the Stuartholme Alumnae Association.

My experience at Stuartholme School developed in me the confidence to have a go – to participate in sports, social, philanthropic and University related activities and to enjoy the experience. Stuartholme gave me the opportunity to meet people from all walks of life (boarders, day girls, international students). I think these experiences have provided me with a wonderful foundation as I start my career and begin to make the most of the opportunities that working in the mining industry provides.

The opportunity to share my story, following my time at Stuartholme, is an honour. I believe my time at Stuartholme taught me the value of involvement, dedication and exploring connections. These skills have shaped me into the individual I am today and the career path I have chosen to pursue.

Emily Palmer Class of 2013

#### MEMORIES OF STUARTHOLME

I had four very happy years at Stuartholme from 1951 to 1954. We were all boarders at that time and most of us have remained close friends to this day.

Our lives were very regimented and I for one thrived on that. I was happy to know what was expected of me from hour to hour. The days began in silence. We were wakened and then needed to dress, make our beds and pleat our cubicle curtains in time to process in our veils to the chapel for Mass. When we became Children of Mary (E de M) there was extra time before Mass for meditation outside, in front of the main building. This is one of my most lasting memories. We would walk up and down silently with the clouds often so thick that the city view was obscured. There was an ethereal feeling about that early morning prayerful ritual that comes to mind whenever I visit the school.

The days ran to a strict timetable and we had different nuns and occasional lay teachers for different subjects. We were lucky enough to have some very inspiring and caring nuns who both taught and nurtured us. There is no doubt that they exerted a lifelong influence over us - certainly over me. I would particularly mention Mother Macrae, our distinguished Mistress General, Mother Antill who was both Mistress of Discipline and excellent English teacher; Mother Shanahan who was twice class mistress for our class and for whom we had and still have a great mutual devotion; Mother Carroll and Mother Power who provided us with entertainment as well as education in their classes and Mother Spruson who introduced us with passion and enthusiasm to science, as did Mother Craig to Ancient History. Mother Joyce looked after our temporal needs with a fresh paquet of clothes each week and Mother Parker and her friend Cocky were always ready for a chat. Reverend Mother Leyne and Reverend Mother Coen were in turn Superiors we treated with deep respect and to whom we curtsied in the corridors. Mother Weir was Mistress General in our last year, giving us a different but still caring discipline.

All alumnae of our era would have vivid memories of weekly Exemptions when our behaviour for the week was classified from Very Good through several less satisfying levels to the unthinkable No Note. That was the other time that one curtsied to Reverend Mother, either with relief or shame as one received the dreaded card.



### NEW LOOK UNIFORMS

Throughout Australia students in public, private, and church schools are being given a new look, with the introduction of glomorous and practical uniforms. The days of the thick serge tunies, heavy stockings, and unflattering velour hats are numbered, and in their place are uniforms with style and color. Hat have become important, too, with the unterned poment, boater, and berel leading in popularity. Pictured here are some attractive new styles, and use'll have more of them next issue.



Mention should be made of the refectory which we visited three times a day. As one progressed through the school one became a sub-president and finally president of the table one was placed at for the term. There were children from every class at each table so that we all had a chance to get to know others than our own class mates. The president's duty was to serve the helpings of 'Yes Please', 'Medium' or 'Very Little' and to persuade the recipients to eat them - not always an easy task. There were favourite meals and less popular. "Guess What" on Sunday night came into that category – allegedly a mixture of the week's leftovers.

Holidays, such as Reverend Mother's Feast, were a highlight. In two camps we played the French game Cache – an elaborate game of Hide and Seek in the grounds beyond our usual boundaries. On holidays we were wakened by a loud clatter of garbage lids followed by a sketch performed by a select few in front of the painting of Mater. During the day we were presented with squashes to remind us gently and usually amusingly of our failings.

In my time we had a few changes of uniforms. The most popular were the check everyday dresses in a variety of colours. It was

good to be able to assert a little independence by choosing your own colour. When we went out (on Sundays only) we wore a beige dress, matching beret and gloves. That Sunday outing was very important but ended strictly at 5pm in time for Benediction.

How different life is for today's students! I don't think we suffered from our strict routine - walking in ranks, the click, click of the Mistress of Discipline's signal, silence at many given times. We must have learnt some self-restraint.

My years at Stuartholme had a lasting influence on my life and I hope on the lives of my daughters and granddaughters who followed me.

Jan O'Sullivan (nee Ryan) Class of 1954

#### Class of 1954: Married names are in brackets

Seated L-R: Rosemary Graham, Pauline Carroll (both became rscJ)

Standing L-R: Allison Ahern (Ovenden), Janet Ryan (O'Sullivan), Mary McDonald (Noort), Bernice Derriman(O'Brien), Pamela Lawson, Naomi Wright (Ryan), Audrey O'Sullivan (became rscJ)

#### MASS OF REMEMBRANCE



On Saturday 31 October, the Stuartholme Sacre Coeur Association held their inaugural Mass of Remembrance in celebration of Stuartholme's centennial year. The beautiful mass saw mothers, daughters and even granddaughters celebrating Mass in memory of loved ones. A recent purchase of a red leather bound SSCA Book of Remembrance was inserted with the names of all Stuartholme rscJ, from the beginning of Stuartholme to our most recent rscJ passing, SSCA alumnae and friends. As part of the Mass, the Book of Remembrance was blessed by Sisters Rita Carroll rscJ and Kathleen Muirhead rscJ.

After mass, the Australian room was filled with many conversations, laughter and reconnection of alumnae, family, friends and staff. We thank the School's caterers for providing a 'high tea' within individual boxes for everyone to enjoy.

The Mass of Remembrance will be an annual event, next year the Mass and Morning tea will be held on Saturday 30th October, 2021.

Please contact **alumnae@stuartholme.com** if you have a name to be added to the Book of Remembrance or would like to speak further about this event.



Diane Wetherell, Margot Kirby, Valma Neville and Jane Lyons

#### **CLARE PATERSON**

As the 2020 school years comes to an end, we would like to offer a huge thank you to Mrs Clare Paterson, who has been a member of the Boarder Parent Network since her daughter Annabelle started in Year 7.



Clare and her husband David's daughter Kate also graduated from Stuartholme in 2012, so the family's connection stretches on and off, for 10 years.

The Paterson family home is a nearly 13-hour drive from Brisbane and 110kms outside of Longreach. Before starting at Stuartholme, Annabelle completed primary school via Longreach School of Distance Education with Clare taking on the role of teacher.

"I was very keen to be part of the Boarder Parent Network, I valued the opportunity to talk directly with the school and have

input into your child's life, even with them so far away," Clare explained.

"You know they have to go to Boarding School, but as a parent you worry about them, for example, I wondered who would pull the blanket at night when they were asleep and it was cold?"

Clare said it was also important to her that the school understood how issues such as the crippling drought would have on the students.

"It has been wonderful to be part of the Stuartholme community. We were welcomed with open arms from the beginning and I will miss school life," Clare said.

Stuartholme will also miss the work Clare has done over the years. Her dedication and support for boarders and their families has been invaluable.

#### **WEDDINGS, BAPTISMS & DEATHS**

Wedding

Laura Strimaitis, Class of 2010 and Ben Atkins.

Baptism

19 September Poppy Lowe, daughter Chloe Lowe, née Wuth Class of 2009 and Stewart Lowe.





#### **CENTENNIAL MEMORABILIA**

To commemorate our centenary in 2020 Stuartholme invites you to purchase our 'Celebrating 100 years' book.

This beautiful, limited edition, hardcover book follows the history of Stuartholme from humble beginnings, through to the school we know and love today and is available for \$89.99.











#### Merchandise

The school has also commissioned a small range of memorabilia available for sale.

Stuartholme tea towels - \$5 each or 3 for \$10 Solid silver bracelet - \$53 Centenary fine chain necklace - \$41.60 Centennial pin - \$4

Books and merchandise are available for purchase via the School Shop and can be viewed online at https://stuartholme.com/centennial-memorbilia/

# A proud history of giving

Following the French Revolution, a young woman was compelled to rebuild and transform society through the renewing and healing power of God's love and sharing this through the education of young women.

In the 220 years since Saint Madeleine Sophie Barat founded the Society of the Sacred Heart, philanthropy has been central to delivery of this mission – enabling the establishment of schools, socio-educative projects, pastoral and volunteering programs and society-shaping collaborations around the world.

As a School of the Sacred Heart, Stuartholme is committed to Saint Madeleine Sophie's example of challenging both the mind and the heart. Her example was to instill in our young women a generosity of spirit and a strong desire to act for the betterment of their local communities.

At Stuartholme, charitable gifts and assistance from our community help to fund scholarships and educational opportunities as well as capital improvements, such as new buildings and renovations.

As we celebrate Stuartholme School's centennial year, we reflect on our proud history of supporting others while also recognising the generosity of our own benefactors whose continued support ensures the gift of a transformative Stuartholme education for future generations of young women.

"It is incredibly humbling to talk with our community of supporters and hear their stories," said Stuartholme Principal Kristen Sharpe.

"Many of our benefactors have witnessed first-hand or personally experienced the power of a Stuartholme education and want to ensure that we can continue to deliver on our mission as we educate young women in the spirit of Cor Unum – to teach them to believe in themselves, to be women of conscience with a strong sense of

social justice, who have the power to transform the world."

"This is the Stuartholme Spirit. Through the generosity of our supporters, we are creating young women with strong minds and gentle hearts... women who are empowered to be the best they can be."

"Philanthropy is an intrinsic part of the Stuartholme culture," continued the Director of Community and Philanthropy, Stephanie Baldwin.

"Helping students and families in times of need is core to our values and integral to educating the whole person and encouraging their talents," she explained.

"But it's much bigger than that. When we give, we receive more than what was given," she said.

"What are you passionate about? What change would you like to see in the world?"

"Many of the donors that I speak to talk about their desire to create real and lasting impact. Whether your passion is STEM, humanities, the environment, social change, art, music or sport – giving the gift of opportunity is an incredibly powerful way to pass on your passion to the next generation. When you fund education, you're making the world a better place. Your hopes and dreams become a wildfire as they catch alight in others – transferred to people who want to turn your dreams into their reality."

#### **GIVING THE GIFT OF EDUCATION**

Throughout the School's history, generous donors have given the gift of education through scholarships, bursaries and prizes. Each year, members of our community contribute to the Stuartholme Scholarship Fund, enabling talented young women to benefit from a Sacred Heart education. Donations are fully tax-deductible.





#### MAKING AN OARSOME IMPACT

Rowing is a shared passion for the Wareham family, who have supported the sport in many different ways throughout the years. During their daughters' time at the School, Monica McGuire and Andrew Wareham were heavily involved in the Rowing Parent Support Group, volunteering their time, gifting video/film production and making numerous donations.

Since their daughters graduated, the family have continued their support through the establishment of a rowing scholarship for a boarding student.

"We had nine continuous years rowing at Stuartholme with our three girls, Jordana, Mackenzi and Zara. We believe that rowing has had such a positive impact on them. It breeds a serious mental and physical toughness and is one of the ultimate team sports. Their commitment and self-discipline, as well as the positive change in their daily routines and structure during the rowing seasons, was amazing. It is a seriously tough, demanding sport and it made us respect our girls on a different level. They have gained attributes from a sport, that we believe have truly made them better people. Positive traits that will stay with them through their adulthood."

"We are grateful for what the sport has given to our girls (and us as parents). It is why we wanted to contribute to the rowing scholarship. We just wanted to assist in a small way – enabling another young person to experience what our children enjoyed and benefited from – the wonderful sport of rowing." Monica McGuire.





#### **BUILDING THE FUTURE**

Contributions to the Sacred Heart Mother House in Rome (including the dowries of European Religious) helped to fund the original Stuartholme School building. Over the years, the School has significantly grown in size with the addition of new buildings and major refurbishments. The Spruson and Joigny Buildings were largely funded through the Stuartholme Foundation's Building

Fund, as were the construction of the tennis courts and the fit-out of new science class rooms. The Stuartholme community helped fund the new Chapel and in particular, the spectacular stained glass window. Philanthropy has also supported the construction of the original swimming pool, an upgrade and the construction of the present Aquatic Centre. Boarding facilities have been continually upgraded including a program currently underway.





#### THE ART OF GIFTING

Dr Norman Behan, whose daughters Brigidine (class of 1955), Sr Genevieve rscJ (class of 1961), Maria (class of 1966) and Madeleine (class of 1971) were all educated at Stuartholme, was a great supporter of the School, gifting a culturally significant collection of Australian art to the Society of the Sacred Heart. *The Stuartholme-Behan Collection of Australian Art* was on display throughout the School for many years, before being loaned to the University of Queensland (UQ), where it is currently exhibited on rotation and used for educational purposes.



#### **PARENTS OF STUARTHOLME**

Each year, Stuartholme parents enable student funding requests and improvements throughout the school through the management of the P&F levy and fundraising activities such as the Mother's Day Lunch. Their support enables the purchase of new equipment, for instance outdoor seating, as well as grants for students to attend the Sony Camp and other student funding requests.



#### **LEAVING THE ULTIMATE GIFT**

Stuartholme is eternally grateful to all those who have left the ultimate gift of a Sacred Heart education for future generations of young women through a bequest in their Will. A recipient of a Stuartholme scholarship herself, Moreen Acton (nee England, class of 1928) continues to support future generations of young women through a bequest in her Will. An annual prize named in her honour recalls her generosity. A bequest can have a truly transformational impact. Opened in 1999, the **Sharon Beirne Health Centre** was made possible through a generous gift from alumna Sharon Beirne (class of 1951). Her late husband, John Brewer, further honoured her memory through a gift in his Will that established the Sharon Beirne Memorial Scholarship.



#### **GIVE THE GIFT OF OPPORTUNITY**

Ignite passion in future generations of young women and shape our world through the gift of a Stuartholme education. For a confidential discussion about leaving a gift in your Will or to find out more about Stuartholme's range of tax-deductible philanthropy programs, please contact Stephanie Baldwin, Director of Community and Philanthropy on 07 3510 9769 or email sbaldwin@stuartholme.com





#### **PAST STUDENTS PAY IT FORWARD**

Upon graduating, students automatically join the *Stuartholme Sacré Cœur Association (SSCA)* which unites past and present members of the Stuartholme community through regular events and reunions. Stuartholme past students support the next generation of young women through a Bursary program, mentoring and by providing a rich array of events to support the School. This year's Centennial Art Show raised over \$30,000 for the Stuartholme Alumnae Bursary Fund.

